For more information on this or other courses please contact:

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The Center for International Humanitarian Cooperation (CIHC) was founded in 1992 to promote healing and peace in countries shattered by war, regional conflicts and ethnic violence. The Center employs its resources and unique personal contacts to stimulate interest in serious humanitarian issues and to develop innovative models that, hopefully, can be carried on by other organizations and individuals with broader operational and administrative mandates and capacity.

The Institute of International Humanitarian Affairs (IIHA) offers students an academic base for the study of humanitarian aid. At a time when terrorism and war are at the forefront of international affairs, the Institute is committed to training humanitarian workers to adapt, by giving them the critical skills needed to operate effectively in unfamiliar and often dangerous situations. Through multi-disciplinary coursework in humanitarian assistance, negotiations, and disaster management, the IIHA trains students to find practical solutions to crises through the initiation of discourse and cooperation. The IIHA trains students for careers in the humanitarian field by combining an advanced academic approach with the shared practical field experience of both students and faculty. The IIHA frequently holds symposia, panel discussions, and networking events with humanitarian professionals. We provide consultation on humanitarian affairs to the Fordham community, and the international development community at large. Through these contacts, the IIHA creates a unique bridge between academia and front line humanitarian efforts worldwide.

International Medical Corps (IMC) is a global humanitarian nonprofit organization dedicated to saving lives and relieving suffering through health care training and relief and development programs. Established in 1984 by volunteer doctors and nurses, IMC is a private, voluntary, nonpolitical, nonsectarian organization. Its mission is to improve the quality of life through health interventions and related activities that build local capacity in areas worldwide. By offering training and health care to local populations and medical assistance to people at highest risk, and with the flexibility to respond rapidly to emergency situations, IMC rehabilitates devastated health care systems and helps bring them back to self-reliance.

HealthNet TPO is committed to improving health in areas of chronic crisis and post-conflict situations. HealthNet TPO supports local initiatives designed to rehabilitate and strengthen health care structures and invest in local people, enabling them to take control of their own health.

Sangath was founded as a nonprofit organization in Goa, India in 1996; its mission is to promote health, with a focus on three areas: child development, adolescent and youth health, and mental health. It works to improve access to health care for children with developmental disabilities, adolescents and young people, or people with any form of mental disorder, using relatively low cost human resources, by empowering them with knowledge and providing them support from more specialized personnel. We use a mix of social, psychological and medical interventions, link services with research and use participatory and collaborative methods that engage with beneficiaries and their communities.

The Center for International Humanitarian Cooperation

The Institute of International Humanitarian Affairs, Fordham University

International Medical Corps

HealthNet TPO

Sangath

Mental Health in Complex Emergencies

Residential course

December 4 – December 15, 2010

Goa, India





General Approach

The 2010 MHCE course is a collaborative course organized by the CIHC, HealthNet TPO, the International Medical Corps, Sangath Centre, Goa and the Institute of International Humanitarian Affairs at Fordham University. The certificate course in Mental Health in Complex Emergencies is a 12-day training course for mental health professionals and program staff who wish to establish mental health or psychosocial programs in complex emergencies and humanitarian settings.

Course Directors

Dr. Lynne Jones, OBE MRCPsych., PhD,

Senior mental health adviser, International Medical Corps, Research fellow, Radcliffe Institute for Advanced Study

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Professor Vikram Patel,

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Tutors Include:

Dr. Nancy Baron,

Global Psycho-Social Initiatives (GPSI), Cairo, Egypt

Dr. Neerja Chowdhary, MD,

Psychiatrist, Sangath, Goa

Arancha Garcia del Soto, PhD,

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Assistant Professor of Clinical Psychology, Teachers College, Columbia University

Course Description:

The curriculum is based on earlier successful courses in New York, Geneva, Kampala and London. The course will aim to provide a practical orientation and training, to equip mental health professionals to establish and organize programs in the mental health and psychosocial domains and strengthen adjunct applicable skills for use in complex humanitarian emergency and relief situations, including conflict, post conflict and disaster settings.

Who should apply:

This is a multidisciplinary training program for participants from a variety of backgrounds. Applicants should have a background in either mental health or social work OR a relevant professional background that allows for future engagement in mental health or psychosocial programs in complex emergencies OR previous experience in humanitarian settings, ideally in mental health or psychosocial programs.

Course location:

The course will be held in Goa, India at the International Centre. Students will be accommodated at the nearby Ginger hotel

Cost:

The total cost of the MHCE 7 course in Goa is 2700 USD, which includes tuition fees, course materials, accommodation, and weekday meals.

Scholarships:

There is an extremely limited scholarship fund available. It is restricted to applicants from developing nations

Curriculum:

The course has two elements:

- 1. A six day intensive basic module that focuses on the specific contexts of disaster, conflict, and post settings. This part of the course will provide a practical orientation to a variety of topics, including:
- An introduction to the Interagency Guidelines on Mental Health and Psychosocial Support in Emergency Settings
- · How to conduct rapid assessments
- · Monitoring and evaluating programmes
- Designing and setting up mental health services and psychosocial programmes (exploring the differences between them)
- Community services and child protection
- Clinical work and therapeutic approaches in non Western contexts
- Dealing with sexual and gender based violence
- Cross cultural validity
- · Human rights
- Critically examining humanitarianism
- Taking care of oneself and dealing with burnout.
- Personal security and practical aspects of humanitarian work in the field.
- 2. In the second week participants can choose from three optional modules. Each will have duration of 3 days and focus on some of the specific skills sets that are needed in these settings:
- Training others
- Interpersonal therapy in low resource settings
- · Research methods

Certification

All students completing the course will receive an attendance certificate. The course will have an optional examined component for those wishing to take it as part of Fordham University's Masters of Arts in International Humanitarian Action (MIHA) program. For more details on this degree please visit www.fordham.edu/iiha

Applications

To apply to this program please visit the course website, www.cihc.org