



**SITUATION UPDATE**

# UKRAINE CRISIS

SITUATION REPORT #34  
December 21, 2023

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## EMERGENCY OVERVIEW



In October/November, Russian Forces (RF) missile and drone attacks persisted across Ukraine, aiming to disrupt vital infrastructure and test Ukrainian air-defense capabilities. On October 5, an attack on Hroza village resulted in 52 deaths during a memorial service. The following day, the city of Kharkiv experienced a missile attack, causing the death of a 10-year-old and injuring more than 30. On November 25, Russia launched the most intense kamikaze drone assault since the onset of the full-scale conflict. Though Ukraine's air force downed 74 out of 75 drones, the attack caused injuries and building damage, and left about 17,000 people in the Kyiv region without electricity. In response to escalating threats, local authorities in Kharkivska oblast mandated the evacuation of 275 children and their families from 66 settlements.



## FAST FACTS

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# OUR IMPACT

9 million+ people  
benefitting from  
improved access to  
health supplies and  
services

- ✚ 382 primary and secondary health centers supported
- ✚ 9,235,478 non-food items (NFIs) distributed
- ✚ 1,548,788 liters of drinking water distributed
- ✚ 2,826,558 primary outpatient health consultations delivered
- ✚ 18,551 individual mental health and psychosocial support (MHPSS) consultations delivered
- ✚ 60,425 people reached with direct infant and young-child feeding (IYCF) services
- ✚ 47,736 people reached with gender-based violence (GBV) prevention and response services
- ✚ More than 20,946 people reached with multipurpose cash assistance (MPCA)



## OUR WORK

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# OUR RESPONSE

International Medical Corps' humanitarian response efforts across Ukraine are tailored to each region's needs. In newly liberated areas and post-conflict zones, we provide a wide range of services, including health, MHPSS, protection, GBV prevention and response, nutrition, NFIs, MPCA, livelihoods, and water, sanitation and hygiene (WASH). We also provide health facilities (HFs) with medical equipment and supplies, including vehicles, to help restore healthcare services. International Medical Corps works with local non-governmental organizations and local authorities to build resilience and increase the reach of our support.

In active conflict zones, International Medical Corps has adopted an adaptive, dynamic programming strategy focused on critical lifesaving operations—including supporting frontline hospitals with critical equipment and supplies—and distributing food, NFIs and water to impacted communities. In areas under threat of attack, we focus on the needs of internally displaced persons (IDPs) through an integrated approach that includes MHPSS, WASH, food, MPCA, livelihoods and NFIs. We also help HFs prepare for and build resistance to potential attacks and mass-casualty events.

In Poland, International Medical Corps is prioritizing the needs of Ukrainian evacuees, providing services and training related to health, MHPSS and GBV.

## OUR RESPONSE: UKRAINE

# Health



*Members of International Medical Corps' Health team set up medical equipment in one of the healthcare facilities that we support in Mykolaivska oblast.*

In October/November, the Health team:

- conducted 235,554 medical outpatient consultations through 127 primary HFs across nine regions in Ukraine, treating trauma cases and communicable and non-communicable diseases, as well as meeting sexual and reproductive health needs;
- supported nine medical mobile units (MMUs)—one in Dnipropetrovska, two in Donetskska, one in Kharkivska, one in Khersonska and three in Mykolaivska oblasts, and one in Zaporizka—providing health support to 5,019 patients;
- provided 1,389 outpatient consultations, including 18 home visits, through three MMUs in Mykolaivska oblast, and 281 outpatient consultations, including six home visits, through one MMU in Khersonska;
- conducted 47,904 specialized healthcare consultations, including 23,723 for inpatient treatment in 15 hospitals, and 24,181 outpatient consultations in three polyclinics across nine regions;
- distributed 431 different types of medical commodities—including 44 types of medicines, 355 pieces of medical equipment, 31 types of medical supplies and one Interagency Emergency Health Kit—to 20 HFs in 20 regions;
- led a five-day training, in collaboration with International Rescue Committee, in the clinical management of rape and intimate partner violence in Dnipropetrovska, Chernihivska and Kharkivska for 33 primary health providers; and
- conducted four physical and mental rehabilitation training sessions for 16 physical therapists and physical therapist assistants from three HFs in Kyiv city and Kyivska oblast, conveying essential knowledge and skills for working with rehabilitation patients.

## OUR RESPONSE: UKRAINE

# Training



*International Medical Corps staff members work with HHI volunteers to lead trauma courses for medical staff. Top: CBRNE training in Kharkiv. Below: Trauma Nurse Fundamentals training in Mykolaiv.*

In October/November, the Training team:

- conducted training courses for 935 healthcare professionals from Chernihivska, Kharkivska, Khersonska and Mykolaivska oblasts as part of the trauma management project run in partnership with Harvard Humanitarian Initiative (HHI);
- provided training led by a Ukrainian team of instructors, with observation by HHI volunteers;
- reached doctors, nurses, paramedics and other medical workers from medical universities and hospitals in Dnipro, Kharkiv, Kyiv, Mykolaiv, Odesa, Ternopil and Zaporizhzhia;
- covered such topics as “Advanced Trauma Life Support,” “Pre-hospital Trauma Fundamentals,” “Pediatrics Trauma Fundamentals,” “Trauma Nursing Fundamentals,” “Chemical, Biological, Radiological, Nuclear, Explosive (CBRNE)” and “Stop the Bleed” (StB) courses; and
- distributed 313 StB kits to course participants, and donated StB instructor kits to local emergency response partners in Chernihiv and Dnipro.

## OUR RESPONSE: UKRAINE

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# Water, Sanitation and Hygiene (WASH)



*International Medical Corps staff distribute emergency water tanks for use by affected populations in Arkhangelske village in Khersonska oblast.*

In October/November, the WASH team:

- reached 7,352 people by distributing 41,552 bottles of water to IDPs and war-affected people;
- distributed 579,000 liters of drinking water through water trucking to people living in 13 villages affected by the Kakhovka dam destruction;
- distributed 1,223 sets of hygiene kit #4 to 2,724 people;
- distributed five sets of hygiene IPC kits to five HFs.
- completed minor rehabilitation works at seven HFs, with ongoing works in an additional six HFs;
- completed rehabilitation designs for four additional HFs.
- led the WASH Cluster (south) in partner mapping for the transition from water trucking to more sustainable solutions; and
- participated in the second Rebuild Ukraine Conference, on November 14 in Warsaw, Poland, to support early recovery and reconstruction in Ukraine.

## OUR RESPONSE: UKRAINE

# Mental Health and Psychosocial Support (MHPSS)



*Participants in a mental health case management training session, held in Lviv.*

In October/November, the MHPSS team:

- participated in World Mental Health Day on October 10 as co-chair of the MHPSS Technical Working Group, and co-led an MHPSS capacity building workshop with the World Health Organization (WHO) Department of Mental Health and Substance Use;
- led MHPSS activities in Chernihivska, Kyivska, Lvivska, Mykolaivska, Odeska and Sumska oblasts as part of World Mental Health Day, focused on awareness-raising and psychoeducation;
- participated in the inaugural Mental Health Forum hosted by the Office of the First Lady of Ukraine on October 18–20 to move the mental health agenda forward as part of national recovery and reconstruction planning;
- conducted a training of trainers on the WHO mhGAP in Kyiv for 25 family doctors, psychiatrists and psychologists, equipping them to conduct similar training sessions in their communities and improve primary healthcare services related to mental, neurological, and substance use disorders;
- provided integrated MHPSS services for affected populations in remote and hard-to-reach areas across Donetsk, Kharkivska and Mykolaivska oblasts through four MMUs; and
- provided psychosocial support (PSS) through direct service delivery and local partners in Chernihiv, Donetsk, Kharkiv, Kherson, Kyiv, Lviv, Mykolaiv, Odesa, Sumy and Zaporizhzhia through art-based activities, emotional support and life skills sessions, as well as focused programs for Self-Help Plus (SH+), positive parenting and active longevity.



## OUR RESPONSE: UKRAINE

# Nutrition



*An International Medical Corps Nutrition team member conducts a maternal, infant and young-child nutrition session at a community center in Odeska oblast.*

In October/November, the Nutrition team continued its infant and young-child feeding (IYCF) interventions in Ivano-Frankivska, Kyivska, Lvivska, Odeska and Vinnytska oblasts. The team has:

- reached 4,090 children under 5 with nutrition-specific interventions, including providing IYCF education through parents/caregivers, and diapers and baby kits for mothers with children aged 0–3 months;
- provided 1,792 packages of diapers and 759 baby clothing kits for children aged 0–3 months to new parents and pregnant women;
- reached 984 pregnant women through individual and group sessions at mother-baby spaces (MBS) and maternity clinics in all project areas; and
- reached 3,965 parents and caregivers with behavior change interventions to improve IYCF practices during individual counseling and 176 IYCF group sessions in five MBS, HFs and community sites, with themes covered during group sessions including maternal nutrition during pregnancy and postpartum, and the importance of early initiation of breastfeeding and exclusive breastfeeding during the first six months of life.

## OUR RESPONSE: UKRAINE

# Gender-Based Violence (GBV)



*Yoga, a traditional form of yoga from Ukraine, remains a popular activity, with spots in the classes filling up days in advance.*



*The GBV team in Stryi conducts a full-day GBV core concepts training in Stryiska hromada (Lviv region) for social service providers, medical workers, psychologists and police workers.*

During October/November, International Medical Corps' GBV team provided prevention and response services directly and through local women's rights organizations. The team:

- expanded GBV services through two static and one mobile women's and girls' safe space (WGSS) in Bohoduhiv, Chuhuyiv and Izium districts, as well as a second WGSS in Kharkiv, reaching 637 beneficiaries;
- commemorated the 16 Days of Activism Against GBV campaign with special events in WGSS and awareness raising activities (ARA);
- held two training sessions on GBV core concepts for social service actors on prevention and response;
- conducted 10 PSS and 1 ARA session in Mykolayiv, reaching 144 people, in response to growing demand from local municipalities, community centers and individuals;
- conducted two training sessions in Kyivska oblast for 55 local authorities to deepen awareness on GBV prevention and response;
- led 37 ARA and PSS activities in an Irpin WGSS, as well as modular camps, schools, libraries, IDP hubs and youth centers in Kyivska oblast, reaching 611 people;
- supported local populations and IDPs with PSS and ARA activities for adolescents, women and girls in various locations, including workshops on weaving, painting, baking and soap making, reaching 159 people; and
- initiated HF safety audits to ensure accessibility for women and girls.

## OUR RESPONSE: UKRAINE

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# Multi-Purpose Cash Assistance (MPCA)



*International Medical Corps staff members implement a cash-for-health program in Mykolaiv.*

In October/November, the MPCA team continued to support vulnerable populations with cash. The team:

- registered 60 people in the Donetsk region and an additional two people in the Zaporizka region;
- provided “cash for health” to 48 people in Mykolaivska oblast to cover the cost of essential medications required for chronic diseases not covered by the National Health Service of Ukraine;
- provided in-person registration to people in need, helping to overcome their limited access to technology and connection; and
- utilized *RedRose* to conduct cash transfers to individuals’ bank accounts and mobile bank applications, and enabling cash withdrawals from local banks and post offices.

## OUR RESPONSE: POLAND

# Mental Health and Psychosocial Support (MHPSS)



*International Medical Corps Self-Help (SH+) training in Krakow, Poland, from October 20–22.*

In October/November 2023, International Medical Corps' Poland team continued its efforts supporting war-affected and vulnerable populations. The team:

- conducted training to empower 79 dedicated helpers and facilitators with the necessary skills in Self-Help Plus (SH+) and the Problem Management Plus (PM+) approaches, equipping them with essential tools and knowledge to respond effectively in times of crises;
- supervised and guided helpers during 41 supervision sessions, providing 28 hours of supervision for PM+ and 18 hours of supervision for SH+;
- provided ongoing technical support to trainers on providing training and support to helpers post-training;
- continued operating a helpline for Ukrainian refugees, providing information on MHPSS services and responding to 129 inquiries for support, including for financial assistance, vouchers, Polish language courses and professional courses; and
- Helped 123 Ukrainian refugees access key social services and related support needs, including help with school activities, health services access and government services access.

## OUR RESPONSE IN NUMBERS (UKRAINE)

**9,198,499 beneficiaries reached with supplies, equipment and services**

### HEALTH

**382** health facilities provided with medicines, medical equipment and supplies

**8,018** people trained in health-related topics (2,237 women, 5,781 men)

**2,826,558** outpatient health consultations delivered by supported facilities (1,630,387 women, 1,196,170 men)

### MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT (MHPSS)

**18,551** MHPSS individual consultations provided for **9,586** people (7,478 women, 2,099 men, 9 not disclosed)

**5,614** people trained in MHPSS-related topics (4,236 women, 892 men)

**73,094** people reached through MHPSS sessions (57,008 women, 15,971 men, 89 not disclosed)

### WATER, SANITATION AND HYGIENE (WASH)

**77,878** people provided with WASH assistance

**87,740** hygiene NFI kits distributed

**1,695,651** people provided with NFI and FI assistance

### NUTRITION

**448** people trained in nutrition-related topics (429 women, 19 men)

**6,491** pregnant women provided with nutrition-specific interventions

**32,100** children under 5 years reached with nutrition-specific interventions (15,761 girls, 16,339 boys)

### GENDER-BASED VIOLENCE (GBV)

**47,736** people reached through GBV interventions (42,435 women, 5,255 men, 40 not disclosed)

**3,671** people trained in GBV-related topics (3,378 women, 293 men)

### MULTI-PURPOSE CASH ASSISTANCE (MPCA)

**20,946** people supported with cash assistance